



Rolling Walker User Guide

Model #s 4205/4206
Weight Capacity: 275 lbs.

Safety Warning Instructions

- Read walker guidebook before operation or using any NOVA rollator.
- DO NOT exceed 275 lb. weight capacity.
- Periodically check leg and handle height adjustment screws to make sure they are secure.
- Periodically check push buttons on legs and backrest to make sure they are engaged.
- Always contact your physician or therapist before using to determine proper adjustment and usage.
- DO NOT use as a wheelchair or to transport someone.
- DO NOT self propel or scoot around while seated.
- Brakes must be in locked position before using the seat. Do not attempt to push yourself or ambulate in any way.
- Backrest must always be attached when using and is not designed to support the entire weight of the user.
- DO NOT use on stairs, escalators, moving sidewalks, or any uneven surfaces.
- DO NOT attempt to reach for items while seated on the walker. This motion may cause a change in weight distribution and cause the rollator to tip or become unstable.
- The rollator bag has a weight capacity of 10 lbs. Items should not hang over the top or front of the bag.
- Care should be taken to ensure that all height adjustment knobs, castors, or any other moving objects are in good working order before operation.
- Make sure walker frame is fully opened before use.
- DO NOT sit on the walker on an incline.
- DO NOT remove warning sticker.

FAILURE TO FOLLOW THESE INSTRUCTIONS CAN LEAD TO SERIOUS INJURY OR RESULT IN DEATH. MISUSE OF THE WALKER MAY VOID WARRANTY.

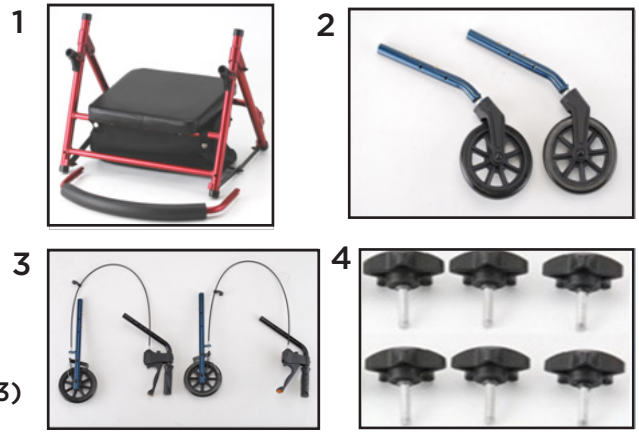


Read Walker Guidebook before
operating or using any NOVA rollator

ASSEMBLY INSTRUCTIONS

To Remove

1. Carefully remove the walker frame and components from the shipping box.
2. Examine all parts for damage from shipping. If any parts are missing or damaged, please call 1-800-557-6682 and prompt Customer Service. **DO NOT** use walker until all parts are received.



Components

- Walker Frame with Bag and Seat, Backrest (see image 1)
- (2) Front Wheels (see image 2)
- (2) Rear Wheels with Cable Handle and Hand Brake (see image 3)
- (6) Leg and Handle Adjustment Screws (see image 4)

To Unfold

1. Unfold the walker by pulling the front and rear frame apart and place on a flat surface. Lift the seat and push downward on the folding support piece so the side folding hinges are fully extended. (see image 5)
2. Insert the backrest into the plastic backrest hinges. Press down on the push buttons and slide the backrest completely into the hinge until the buttons engage into the hinge holes (pull on the backrest to make sure it is secure). (see image 6)
3. Turn the walker so that it rests on the rear of the frame. (see image 7)
4. Insert the front wheels into the frame for your desired seat height. (See recommended seat height below)



Recommended Seat Height

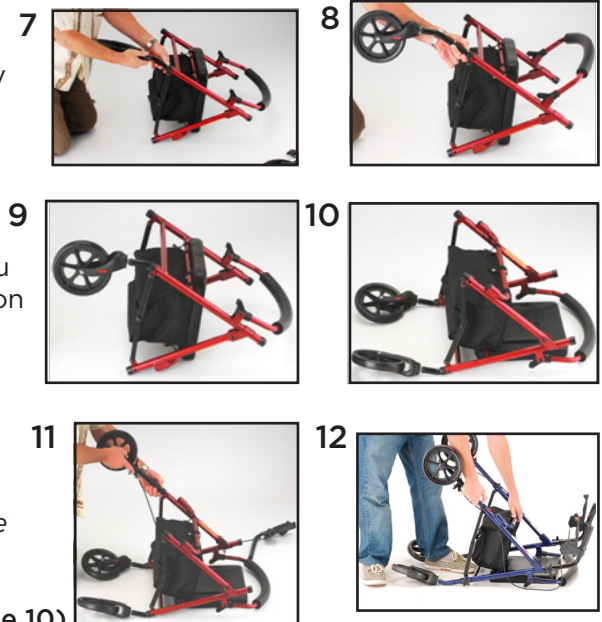
The user's feet should be flat on the ground when they are properly seated on the walker. We recommend the lower seat height to fit most individuals from 4'9" - 5'4" & the higher seat height for individuals from 5'4" - 6'0".

For Heights 5'4" - 6'0" (upper push button)

Push down on the top button and slide the stem into the frame. You will need to press down on the second button to allow the top button to insert into the hole on the frame. (see image 8)

For Heights 4'9" - 5'4" (lower push button)

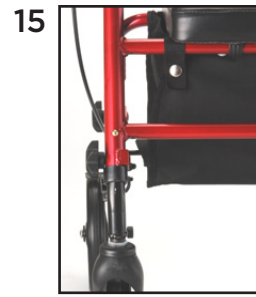
Align the button just off center from the hole in the frame and slide the stem into the frame. Press down again on the lower button and continue to slide the stem into the frame while aligning the lower button with the hole on the frame until the lower button is inserted into the hole. (see image 9) (Be sure that both wheels are set at the same height and pull on the legs to make sure they are secure.)



5. Turn walker over so that it rests on the front of the frame. (see image 10)
6. Insert the wheel leg marked (L) into the left rear frame so that the wheel is on the outside of the frame and the push buttons are lined up with the hold in the frame. (see image 11)
7. Insert the wheel leg marked (R) into the right rear frame so that the wheel is on the outside of the frame and the push buttons are lined up with the hole in the frame. (see image 12)
(See recommended seat height above)
8. Turn the walker over so that it is resting on the wheels. Be sure that all the four wheels are flat and that the seat is level. (see image 13)
9. Insert the handles into the frame being sure that the cables are on the outside of the frame. (see image 14)



10. Insert the four leg attachment screws into the holes located on the outside of the frame. Hand tighten until the screw is secure and the plastic knob is flush with the frame. (*Adjustment handle should be tight and not move from side to side.*) Be sure all four screw legs screws are secure before using the walker. (see image 15)



Determining the Correct Handle Height

Stand upright behind the walker with your arms hanging at your side and both feet in line with the rear wheels. Adjust the height of the walker handles so that they are even with the wrist of the user. This should create a 20 to 30 degree bend in the elbow when using the walker.

1. Align the hole in the handle with the hole in the frame to your selected handle height and hand tighten until the screw is secure and the plastic knob is flush with the frame. (*Adjustment handle should be tight and not move from side to side.*) (see image 16)
2. Attach the plastic cable guide to the frame of the walker. (see image 17)



OPERATING INSTRUCTIONS

To Open

1. Place the walker in the upright position resting on the rear wheels. Hold both handles and squeeze the hand brakes while pushing forward on the walker until it rests on all four wheels. (see image 18)
2. Lift up on the padded seat and press down on the bottom of the bag. You will feel the center support bar located under the carry bag. Push down until it locks into place. (see image 19)



To Close

Lift up the seat and pull on the nylon carry handle until the walker closes. (see image 20)

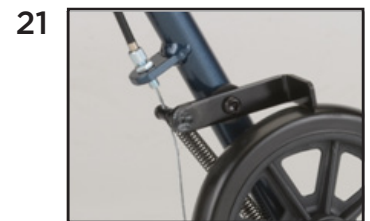


To Check the Hand Brakes

You should check to make sure the hand brakes are working properly before each use. Squeeze the brake handles to make sure that the brake pad contacts the wheel and can stop the walker. Push down on the hand brakes until they lock into position and make sure that the brake pad contacts the wheel and can stop the walker.

Adjusting the Brakes

The brakes should be preset to work properly. To maintain the preset condition or to adjust the brake tension, place the walker on a flat surface and loosen the nut from the top of the brake shoe near the wheel. (see image 21)



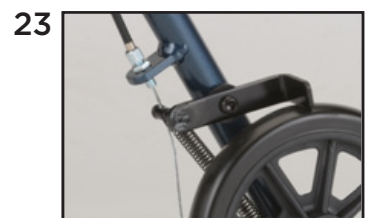
To Tighten the Brakes

Turn the tension adjustment screw counter clockwise until you reach the desired tension. (see image 22)



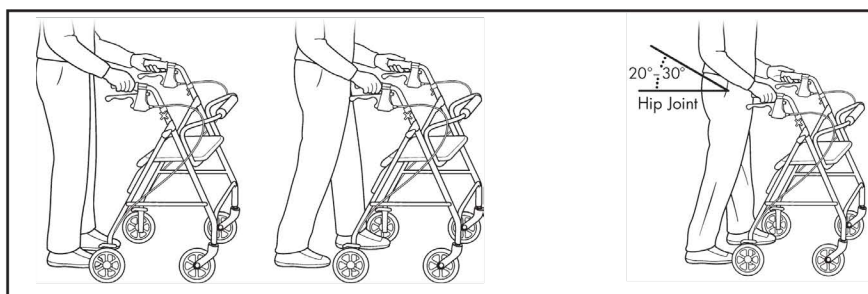
To Loosen the Brakes

Turn the tension adjustment screw clockwise until you reach the desired tension. Tighten the nut back down so that it is tight against the top of the brake pad after you have achieved the desired tension. (see image 23)



How to Walk with a Rolling Walker

1. Hold the handles with your fingers resting around the hand brake in the squeezing position. This position will allow you to quickly stop the walker or control your speed if necessary by squeezing the hand brake.
2. Roll your walker slowly forward so that the rear wheels are a few inches ahead of your body.
3. Step forward and place one foot in line with the rear wheels.
4. Maintaining a steady roll forward, place your other foot in line with the rear wheels.
5. Determine a pace that is comfortable and allows you to place each step in line with the rear wheels.



How to Sit with a Rolling Walker

1. Lock the brakes by pushing down on the knob located at the rear of the brake handle until it locks in the downward position.
 2. Test the walker before sitting down to make sure that it will not roll.
 3. Before sitting, touch the back of your legs to the edge of the seat to ensure proper positioning of the walker.
 4. Use the handles to stabilize your body as you turn around.
 5. Holding your hands on the handles, slowly lower your body onto the seat.
- DO NOT** support your full body weight on the handles when attempting to sit down.

WARNING

Walker must be in a stationary position, on a level surface with the brakes locked when sitting or attempting to sit. **DO NOT** scoot around or navigate the walker when in the seated position. Risk of serious damage to the walker and serious injury may result if brakes are not in the locked position.

MAINTENANCE

Check your walker periodically to make sure that the brakes are working correctly and that all of the nuts and bolts are secure. **Do not use the walker if the brakes are not working correctly.**

LIMITED LIFETIME WARRANTY

NOVA stands firm on our commitment to providing the highest quality products, as well as exceptional service. This product was built to precise standards and thoroughly inspected prior to shipment. This warranty represents our confidence in the materials and workmanship of our product. NOVA extends this warranty only to the original purchaser of this product. The warranty does not extend to any subsequent purchaser or owner. The warranty is void upon any sale or transfer of ownership or use by other person. NOVA warrants its products are free from defects in material and workmanship under NORMAL use for the period commencing upon the date of purchase and continuing for the following specified period of time after that date:

Metal frame:	Limited Lifetime Warranty
Brakes:	5 Years
Non-Metal/Metal parts:	1 Year Limited Warranty
	(Wheels, Hand Grips, Padding, Cables, Upholstery, Bag, Screws, Plastic Parts)

This warranty does not cover problems due to user negligence, misuse of the product, failure to adhere to product instructions, or normal wear and tear. Items that have been subject to negligent abuse, modified without prior written authorization are not covered within this warranty. For warranty service, please contact the dealer from whom you purchased your NOVA product. In the event that you do not receive satisfactory service, please call us directly at the number below. Be prepared to indicate, the nature of the defect, the product serial number, and the name and location of where you purchased the product. You will also be required to provide a receipt of your purchase. **DO NOT** return any products to our office without prior consent. Repair or replacement is the only remedy under this limited warranty. This warranty does not include any labor or shipping charges incurred in replacement part installation or repair of product.

THIS WARRANTY IS EXCLUSIVE AND IN LIEU OF ALL OTHER EXPRESS WARRANTIES, IMPLIED WARRANTIES, IF ANY, INCLUDING THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE. NOVA SHALL NOT BE LIABLE FOR ANY SEQUENTIAL OR INCIDENTAL DAMAGES WHATSOEVER.

*****Remember to keep the product's serial number and the date of purchase*****


CARE • QUALITY • INNOVATION



THE NOVA PROMISE

CONTACT US!
We're here to help

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